



Match rules

Season 2024 – 2025

Match times:

Mixed series: 20:15-21:00 (3rd set must be started latest 20:55)

Free series: 21:10-21:55 (3rd set must be started latest 21:50)

The matches are played in the recreational spirit. This means that the level of play is adapted to the opposition in a way that maximizes enjoyment and recreation while minimizing the risk of injury. All matches are largely played according to the rules decided by the Swedish volleyball association (SVBF) with the following changes/clarifications:

1. Teams will help each other refereeing the match. **If the teams disagree the rally is replayed!**
2. Team leaders are obligated to inform their team members about the rules. All players are encouraged to report when they see or feel that the rally is over due to net touching, stepping over a line, etc. Team leaders have an extra responsibility to report mistakes of their own players.
3. The match is **stopped instantly** when another ball or player enters the court. **This applies regardless if the incident is disrupting the match or not!** The rally is then replayed.
4. **A player must not enter another court.** When a ball enters another court, it needs to be retrieved as soon as possible, and the point is lost, the same way that it is lost when the ball touches the ceiling. In other words, you can't "save" a ball from an adjoining court.
5. The teams shall be **complete** (according to rule 10), on the **correct court** and the **team members registered** on the protocol before the match starts at **20:15 Mixed** or **21:10 Free**. If not then the first set is lost (0-21). If the team is not ready 10 min after the starting time the team will lose the match 0-2 (0-21, 0-21).
6. A player is only allowed to play in one single team in each series.
7. Players are not allowed to play in the Swedish division 2 for men or division 1 for women, or higher. You cannot have been entered in a match protocol for these series during the season.
8. All players must be members of Lunds VK and registered to the team. A team that uses a player that is unregistered or registered with another team will lose the match. Exceptions can be made to allow

new players to play without registration for a total max of 2 matches. The player must be registered **before** their 3rd match.

9. A team can have a max of 10 unregistered plays per season.
10. The team in the Free series is complete if it consists of at least 3 players. In the Mixed series, a team can consist of at most 1 guy more than the number of girls and at least a total of 3 players. **Exception:** see next rule.
11. When a team in the Mixed series only has 1 girl and 3 guys, they can choose to either play with all players on court and automatically lose 1 point in the series table (no minus points if they lose by 2-0), or play with 1 girl and 2 guys on court and be awarded points as for any other match. All sets shall be played as with a normal match.
12. In a team with 3 players the player in the serving position is defined as a back-line player and is therefore not allowed to attack in front of the 3-meter line if the ball is hit over the height of the net.
13. A time-out of 1 minute is allowed only once per team and match.
14. Substitutions are only allowed between sets or when rotating. If you are more than 6 players you can substitute in conjunction with a rotation on any back-line position, though always at the same position. In case of more than one substitute player you leave the court in the same order as you entered. In the mixed series girl switches with girl and boy with boy. If a team is incomplete a player that arrives late can enter in any position. In case of injury the injured player may be substituted regardless of position.
15. Libero is not allowed.
16. It is allowed to touch the base line with a foot when serving, but not to step over it.
17. It is NOT allowed to raise or spread the arms as a front-line player when your team serves.
18. Matches are played to best of 3 sets. **Exception:** see rule 21.
19. A point is given for every winning ball. First and second set are played to 21 points. A possible third set is played to 15 points. A single point difference is enough to win any set.
20. Winning by 2-0 gives a team 3 points in the placing table, winning by 2-1 gives the winning team 2 points and the losing team 1 point.
21. A possible third set is played only when more than 5 minutes remain of the match time when the set starts (at the latest **20:55 Mixed** or **21:50 Free**). If less time remains the match result will be 1-1. Note that a third set should be played until 15 points, even if the match time has passed.